Radiogram No. 6023u Form 24 for 06/30/03 Medical Tests • Inspection and Photo Survey of RS Window Panes

| GMT | CREW | ACTIVITY |
|-------------|-------------|---|
| 06:00-06:10 | | Morning inspection |
| 06:10-06:20 | CDR | MO-8: hardware setup |
| | FE-1 | Colf values massurament |
| 06:20-06:30 | CDR | Calf volume measurement |
| 06:20-06:35 | FE-1 CDR | Body mass measurement |
| 06:35-06:50 | | |
| 06:35-07:05 | FE-1 | Post-sleep |
| 06:50-07:00 | CDR | MO-8: closeout ops |
| 07:00-07:15 | | Post-sleep |
| 07:05-07:45 | FE-1 | BREAKFAST |
| 07:15-07:30 | CDR | URAGAN Earth observations and imagery |
| 07:30-07:40 | | Post-sleep |
| 07:40-07:45 | | PLANTS-2. Payload status check |
| 07:45-08:00 | | Daily planning conference (S-band) |
| 08:00-08:50 | CDR | BREAKFAST |
| 08:00-08:15 | FE-1 | BREAKFAST |
| 08:15-08:40 | | Work prep |
| 08:40-08:45 | | Glove Box (MSG) – activation |
| 08:45-09:15 | | InSPACE ops |
| 08:50-09:10 | CDR | URAGAN Earth observations and imagery |
| 09:15-09:35 | FE-1 | RED Flexpack canister inspect |
| 09:20-09:35 | CDR | Regeneration of Φ2 absorption bed in БМП (end) |
| 09:35-10:10 | | Inspection and photo survey of RS window panes: procedure review and tagup w/ ground specialist (S-band) |
| 09:40-09:50 | FE-1 | InSPACE: experiment prep |
| 10:10-11:10 | CDR | Inspection and photo survey of RS window panes |
| 10:10-10:20 | - FE-1 | InSPACE observation |
| 10:20-10:30 | | Daily payload status check |
| 10:40-10:50 | | InSPACE – experiment prep |
| 11:05-11:15 | | InSPACE cassette replacement |
| 11:10-11:45 | CDR | File prep following SM and DC1 window inspection and imagery (File downlink via OCA). Tagup with specialists (S-band) |
| 11:15-11:25 | FE-1 | InSPACE: power off |
| 11:25-11:30 | | Glove Box (MSG) – power off |
| 11:30-12:45 | | Physical exercise (TVIS) |
| 11:50-12:50 | CDR | Physical exercise (VELO + Load Trainer 1, day 1) |
| 12:45-12:50 | FE-1 | Weekly TVIS maintenance |
| 12:50-13:50 | | LUNCH |
| 13:50-14:50 | CDR | Replacement of 3 fire extinguishers in FGB (OCΠ-4) |
| 13:50-14:30 | FE-1 | СОЖ maintenance |
| 14:30-15:10 | | IMS file prep |

| 14:50-15:30 | CDR | Changeout of urine receptacle and filter liner in SM toilet (АСУ) |
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| 15:10-15:30 | FE-1 | C&W book update |
| 15:35-15:45 | | Setup for PAO event |
| 15:45-15:55 | | Prep for PAO event |
| 15:55-16:15 | | Educational PAO event: student conference on computer technologies in Seattle (KU + S-band) |
| 16:15-16:40 | CDR | MOLNIYA-SM: LSO instrument installation. Tagup w/ ground specialists (S-band) |
| 16:15-16:20 | FE-1 | Disposal of wipes delivered on the Orbiter |
| 16:30-16:50 | 1 L-1 | EXPRESS Rack 1: data transfer |
| 16:40-18:10 | CDR | Physical exercise (TVIS-1) |
| 16:50-17:00 | FE-1 | TVIS/RED data transfer to MEC |
| 17:00-18:15 | 1 6-1 | Physical exercise (RED) |
| 18:10-18:15 | CDR | HEMATOCRIT: hardware setup |
| 18:15-18:30 | | Daily plan review |
| 18:30-18:45 | | Daily planning conference (S-band) |
| 18:45-19:00 | | Daily plan review |
| 19:00-19:30 | | Prep for work |
| 19:30-20:00 | | DINNER |
| 20:00-20:30 | | Daily food prep |
| 20:30-21:30 | CDR FE-1 | - Post-sleep |
| 20:30-21:15 | | |
| 21:15-21:30 | | Conference with the Governor of Hawaii (S + Ku-band) |
| 21:30-06:00 | | SLEEP |

Note: See OSTP for references to US activities. End of radiogram